**Part 2 Read Me file**This software allows users to create, store, and manage recipes. Users can:

1. Enter multiple recipes with detailed information.
2. Name each recipe.
3. View a list of all recipes in alphabetical order.
4. Select and display the details of a specific recipe.
5. Include calories and food group information for each ingredient.
6. Calculate and display the total calories of each recipe.
7. Receive a notification if the total calories of a recipe exceed 300.